

# TCVM Modalities

TCVM is comprised of four predominant modalities that have been used on animals of all kinds for thousands of years. These modalities – also referred to as pillars or branches – include the following:



## Acupuncture

Uses specialized needles to stimulate acupoints and allows for the movement of Qi (energy) along established meridians throughout the surface of the body. By stimulating the movement of Qi, the body is able to begin the process of healing in various ways.



## Herbal Therapy

Using herbs and herbal formulas studied and collected for use over thousands of years, this form of treatment involves the diagnosis of a patient's TCVM pattern and pairing an appropriate herbal to correct and balance this pattern.



## Food Therapy

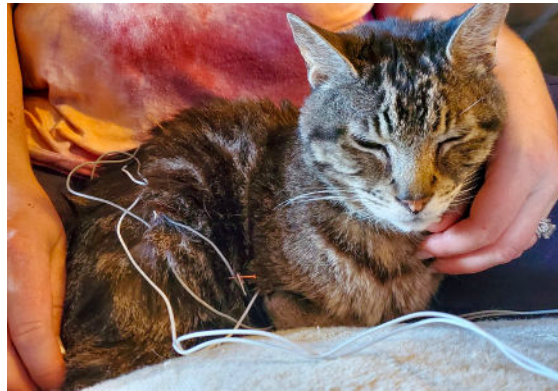
Treatment entails implementing an assortment of whole foods that are selected based on their thermogenic properties and arranged into recipes that are intended to address and balance a pet or patient's TCVM pattern.



## Tui-Na

The art and science of using various hand-based techniques and limb stretching movements on acupuncture points and along meridians to both prevent and treat disease.

# Contact Us



We would love to talk with you about how we can help your pet! While we regularly check our messages, it may take up to 72 hours for a response due to the mobile nature of our practice.

*Please note that we do not offer conventional medicine services (vaccines, x-ray, emergency care, etc.) and encourage you to continue working with your primary care veterinarian for those needs. In the event of a veterinary emergency, please contact or visit your closest emergency veterinary clinic.*

**Website:**  
bahavavet.com

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Information within was accurate at time of printing but is subject to change.



Providing wholesome  
integrative veterinary  
medicine delivered with  
integrity, compassion, and  
love.



Acupuncture  
Herbal Therapy  
Food Therapy  
Tui-Na

[bahavavet.com](http://bahavavet.com)

# What Is TCVM?



Veterinary medicine has grown and diversified substantially over the years leading to countless ways of being able to help our companion animals. This has provided a plethora of options to pet parents to care for and support their beloved pets. Traditional Chinese Veterinary Medicine (TCVM) is just one of these approaches

to treatment and is comprised of four predominant modalities that have been used on animals of all kinds for thousands of years.

## TCVM vs Western Medicine

In the modern veterinary world, conventional medicine uses a thorough “head to tail” physical examination of the entire patient where certain objective parameters such as temperature or heart and respiratory rate are measured. Other more subjective parameters evaluated include musculoskeletal range of motion, cardiac/respiration properties, haircoat quality, etc. The assessment of these latter measures are highly variable and are contingent on the practitioner evaluating the patient.

Similar to what is performed in Western examinations, a TCVM practitioner will also examine the patient objectively and subjectively. This examination incorporates the use of most of the five main senses (sight, sound, smell, and touch) in order to establish an overall general pattern. Contingent on the chronicity and severity of the symptoms observed, the age of the patient, the predominant TCVM organ(s) involved, as well as the patient’s history, a TCVM Pattern Diagnosis (or *Bian Zheng*) is then developed. Treatment is focused on returning the patient to a normal balanced state using each of the TCVM modalities.

# Services

B’ahava Veterinary Health and Wellbeing offers an integrative approach to veterinary medicine and compliments the care provided by your pet’s primary care veterinarian. While we can support your pet at any point during their lifetime, many of our clients consult our services after they have exhausted options available through conventional (Western) medicine with their primary care veterinarian and/or veterinary specialist. We strongly believe in using a truly integrative approach where both Eastern and Western medicine can be used cohesively to provide the best possible care for your pet.

An initial examination and consultation is required for all new patients to establish a veterinarian-client-patient relationship and construct a TCVM pattern diagnosis. During the initial consultation, we will work with you to determine a treatment plan that could include any or all pillars of Traditional Chinese Veterinary Medicine (TCVM) – acupuncture, herbal therapy, food therapy, and Tui-na.

Treatment can be provided at the first appointment if requested in advance.

More details on our services can be found on our website, <https://www.bahavet.com/>

## Location

As a convenience to our clients, we are able to provide our services from our treatment room in Roanoke, Texas or at your home within the Dallas-Fort Worth Metroplex.



*Please note that a doctor travel fee will apply for most in-home services outside of the immediate Roanoke area.*

# Dr. Levin-Russo



Dr. Amanda Levin-Russo found her calling for Veterinary Medicine at a young age when she lost her first dog to osteosarcoma (bone cancer). From that point forward, she knew she wanted to be a veterinarian and has dedicated her life to helping animals live their very best lives.

Dr. Levin-Russo is a proud graduate of both Texas A&M University (Whoop!) and Iowa State University (Go Cyclones!). After a number of years working in both conventional and integrative practices across the Dallas-Fort Worth Metroplex, she founded B’ahava Veterinary Health & Wellbeing to provide exceptional quality integrative veterinary care to the greater DFW region.

Dr. Levin-Russo has always been a proponent of the power of Traditional Chinese Veterinary Medicine (TCVM) to support her patients. Soon after graduating from veterinary school, she began undergoing additional training on TCVM through Chi University (formerly Chi Institute) in Reddick, Florida. In addition to being a licensed Veterinarian in the State of Texas, she is also a Certified Veterinary Acupuncturist, Certified Veterinary Food Therapist, and Certified Veterinary Tui-na Practitioner.

Dr. Levin-Russo is a devoted lifelong learner and is currently furthering her education with a Master of Science in TCVM through Chi University.